

CCR Activity Catalogue

2019-2020

Activity Name	Competencies	Description
Admissions Ambassador	Collaboration & Teamwork, Leadership	Admission Ambassadors commit to 6 hours per week. They lead Campus Tours, participate in events like Open House & Preview Days, and assist with tasks within the Communications Plan (Prospect & Welcome Packs, poster mail outs, etc).
International Buddy	Leadership, Global Citizenship, Building Community, Appreciating Diversity	The International Buddy Program gives new international students a resource on campus to be able to learn about the College and community from a student perspective but also to have a contact on campus before they arrive to ease the transition into Canadian life. The Canadian buddies will gain international experience while at home by learning from their buddies, as well as skills in cross-cultural communication
Enactus Team Member	Leadership, Collaboration & Teamwork, Entrepreneurship & Innovation, Critical Thinking & Problem Solving, Building Community	Enactus uses entrepreneurial thinking to solve social problems. Students work on a project over the year and present it at regionals in Calgary and Nationals in either Vancouver or Toronto.
Residence Assistant (CHOC)	Leadership, Building Community, Collaboration & Teamwork, Diversity and Inclusion	Resident Assistants (RA) are student leaders within Campus Housing that strive to enhance the overall student experience while working to increase school and community spirit through community building activities. RAs provide ongoing support to ensure a positive experience with Olds College and Residence Life.
Academic Council Representative	Collaboration, Teamwork, Critical Thinking & Problem Solving	Academic Council is the governing body that represents the academic community of faculty, students, and administrators at Olds College. Student representatives are responsible for all student advocacy related to academic concerns.
Student Union Council Member	Leadership, Collaboration, Teamwork, Critical Thinking & Problem Solving	SAOC representatives serve on a variety of committees and boards within the school and can therefore make their opinions and voices heard, giving the student body as a whole greater power in decision making. They have the ability to lead change by influencing programs, events, and the college at large.
Broncos Men's Basketball	Leadership, Collaboration & Teamwork, Building Community, Health and Wellness	Basketball Student-Athletes compete in the ACAC/CCAA and commit to 6 hours/week of training and a minimum of 2 hours/week of conditioning. They also benefit from mental skills training, fitness testing, nutrition, team building, community engagement, video analysis and study sessions.

Broncos Women's Basketball	Leadership, Collaboration & Teamwork, Building Community, Health and Wellness	Baseketball Student-Athletes compete in the ACAC/CCAA and commit to 6 hours/week of training and a minimum of 2 hours/week of conditioning. They also benefit from mental skills training, fitness testing, nutrition, team building, community engagement, video analysis and study sessions.
Broncos Men's Volleyball	Leadership, Collaboration & Teamwork, Building Community, Health and Wellness	Volleyball Student-Athletes compete in the ACAC/CCAA and commit to 6 hours/week of training and a minimum of 2 hours/week of conditioning. They also benefit from mental skills training, fitness testing, nutrition, team building, community engagement, video analysis and study sessions.
Broncos Women's Volleyball	Leadership, Collaboration & Teamwork, Building Community, Health and Wellness	Volleyball Student-Athletes compete in the ACAC/CCAA and commit to 6 hours/week of training and a minimum of 2 hours/week of conditioning. They also benefit from mental skills training, fitness testing, nutrition, team building, community engagement, video analysis and study sessions.
Broncos Men's Soccer and/or Futsal	Leadership, Collaboration & Teamwork, Building Community, Health and Wellness	Soccer/Futsal Student-Athletes compete in the ACAC/CCAA and commit to 6 hours/week of training and a minimum of 2 hours/week of conditioning. They also benefit from mental skills training, fitness testing, nutrition, team building, community engagement, video analysis and study sessions.
Broncos Women's Soccer and/or Futsal	Leadership, Collaboration & Teamwork, Building Community, Health and Wellness	Soccer/Futsal Student-Athletes compete in the ACAC/CCAA and commit to 6 hours/week of training and a minimum of 2 hours/week of conditioning. They also benefit from mental skills training, fitness testing, nutrition, team building, community engagement, video analysis and study sessions.
Broncos Women's Hockey	Leadership, Collaboration & Teamwork, Building Community, Health and Wellness	Women's Hockey Student-Athletes compete in the ACAC and commit to 5 hours/week of training and a minimum of 2 hours/week of conditioning. They also benefit from mental skills training, fitness testing, nutrition, team building, community engagement, video analysis and study sessions.
Broncos Badminton	Leadership, Collaboration & Teamwork, Building Community, Health and Wellness	Badminton Student-Athletes compete in the ACAC/CCAA and commit to 4.5 hours/week of training and a minimum of 1 hour/week of conditioning. They also benefit from mental skills training, fitness testing, nutrition, team building, community engagement, and study sessions.
Broncos Curling	Leadership, Collaboration & Teamwork, Building Community, Health and Wellness	Curling Student-Athletes compete in the ACAC/CCAA and commit to 4.5 hours/week of training and a minimum of 1 hour/week of conditioning. They also benefit from mental skills training, fitness testing, nutrition, team building, community engagement, and study sessions.
Broncos Rodeo	Leadership, Collaboration & Teamwork, Building Community, Health and Wellness	Rodeo Student-Athletes compete in the CIRA and commit to 3 hours/week of training and a minimum of 1 hour/week of conditioning. They also benefit from mental skills training, fitness testing, nutrition, team building, community engagement, and study sessions.
Student Athlete Leadership Team (SALT)	Leadership, Collaboration & Teamwork, Building Community, Health and Wellness, Critical Thinking & Problem Solving,	Student-athlete representatives have developed outcomes and strategies for the mutual best interest of all sports and promote a positive Bronco environment within Olds College and the Community of Olds. SALT members commit a minimum of 1 hour per week.

	Diversity and Inclusion	
SAOC Sanctioned Student Club Leadership	Leadership, Collaboration and TeamWork, Building Community	Student Clubs sanctioned through the SAOC range from program orientated to recreational and there are numerous to choose from. It's a great way to balance the busy student lifestyle and have some fun! Club Presidents organize meetings, events, fundraisers and collaborate with their team and Olds College students.
Education Abroad Program (non-credit)	Global Citizenship, Building Community, Appreciating Diversity	Education abroad is an enriching and intensive educational experience and includes opportunities such as summer programs, internships, and study tours. Participants in education abroad programs will develop cross-cultural communication skills, create an international network, and enhance their academic profile. Becoming an active part of our globalized world builds independence, initiative and adaptability. These skills are valuable and employable in our global market.
Dean's Case Competition	Collaboration, TeamWork	Students practice twice per week for several months to prepare for the Alberta Dean's business case competition. This is a three day event where teams of four or five students are presented with a variety of business challenges in a case study. Student work collaboratively to develop innovative solutions which are presented to a panel of judges.
Cor Van Raay Case Competition	Collaboration, TeamWork	Students practice several times per week to prepare for the Cor Van Raay case competition. This is a two day competition that requires a range of disciplines including agriculture, business and economics. A team of four students analyze a written case and develop recommendations and solutions which are then presented to a panel of judges.
Conversation Club	Collaboration & Teamwork Leadership Diversity and inclusion Global Citizenship	The Conversation club gives international students a resource on campus to practice their English skills in a low-stakes, supportive environment. The Canadian participants will gain both international experience within a local context by learning from their peers, as well as leadership experience in small-group facilitation. Both international and native English-speaking participants will develop skills in cross-cultural communication.

Last Updated: March 8, 2019