

Co-Curricular Activity Catalogue 2024 - 2025

Activity Name	Competencies	Description
Broncos - Student Athlete Leadership Team (SALT)	Leadership, Collaboration & Teamwork, Building Community, Health and Wellness, Critical Thinking & Problem Solving, Diversity and Inclusion	Student-athlete representatives have developed outcomes and strategies for the mutual best interest of all sports and promote a positive Bronco environment within Olds College and the Community of Olds. SALT members commit a minimum of 1 hour per week.
Broncos Game Day Ambassador	Leadership, Collaboration & Teamwork, Building Community, Health and Wellness	Broncos game day ambassadors will play a vital role in the delivery of all Olds College Broncos home games and events. There are various roles including, Varsity sport coordinator, score clock operator, shot clock operator, score sheet coordinator, statistician, ACACTV camera operator, ACACTV live stream operator, announcer/DJ. Each ambassador will need to dedicate a minimum of 40 hours/season (October-March) and commit to the job description and responsibilities as presented by the Games Day and events programmer.
Broncos Badminton	Leadership, Collaboration & Teamwork, Building Community, Health and Wellness	Badminton Student-Athletes compete in the ACAC/CCAA and commit to 4.5 hours/week of training and a minimum of 1 hour/week of conditioning. They also benefit from mental skills training, fitness testing, nutrition, team building, community engagement, and study sessions.
Broncos Curling	Leadership, Collaboration & Teamwork, Building Community, Health and Wellness	Curling Student-Athletes compete in the ACAC/CCAA and commit to 4.5 hours/week of training and a minimum of 1 hour/week of conditioning. They also benefit from mental skills training, fitness testing, nutrition, team building, community engagement, and study sessions.
Broncos Men's Basketball	Leadership, Collaboration & Teamwork, Building Community, Health and Wellness	Basketball Student-Athletes compete in the ACAC/CCAA and commit to 6 hours/week of training and a minimum of 2 hours/week of conditioning. They also benefit from mental skills training, fitness testing, nutrition, team building, community engagement, video analysis, and study sessions.

Broncos Men's Soccer and/or Futsal	Leadership, Collaboration & Teamwork, Building Community, Health and Wellness	Soccer/Futsal Student-Athletes compete in the ACAC/CCAA and commit to 6 hours/week of training and a minimum of 2 hours/week of conditioning. They also benefit from mental skills training, fitness testing, nutrition, team building, community engagement, video analysis, and study sessions.
Broncos Men's Volleyball	Leadership, Collaboration & Teamwork, Building Community, Health and Wellness	Volleyball Student-Athletes compete in the ACAC/CCAA and commit to 6 hours/week of training and a minimum of 2 hours/week of conditioning. They also benefit from mental skills training, fitness testing, nutrition, team building, community engagement, video analysis, and study sessions.
Broncos Rodeo	Leadership, Collaboration & Teamwork, Building Community, Health and Wellness	Rodeo Student-Athletes compete in the CIRA and commit to 3 hours/week of training and a minimum of 1 hour/week of conditioning. They also benefit from mental skills training, fitness testing, nutrition, team building, community engagement, and study sessions.
Broncos Women's Basketball	Leadership, Collaboration & Teamwork, Building Community, Health and Wellness	Basketball Student-Athletes compete in the ACAC/CCAA and commit to 6 hours/week of training and a minimum of 2 hours/week of conditioning. They also benefit from mental skills training, fitness testing, nutrition, team building, community engagement, video analysis, and study sessions.
Broncos Women's Hockey	Leadership, Collaboration & Teamwork, Building Community, Health and Wellness	Women's Hockey Student-Athletes compete in the ACAC and commit to 5 hours/week of training and a minimum of 2 hours/week of conditioning. They also benefit from mental skills training, fitness testing, nutrition, team building, community engagement, video analysis and study sessions.
Broncos Women's Soccer and/or Futsal	Leadership, Collaboration & Teamwork, Building Community, Health and Wellness	Soccer/Futsal Student-Athletes compete in the ACAC/CCAA and commit to 6 hours/week of training and a minimum of 2 hours/week of conditioning. They also benefit from mental skills training, fitness testing, nutrition, team building, community engagement, video analysis and study sessions.

Broncos Women's Volleyball	Leadership, Collaboration & Teamwork, Building Community, Health and Wellness	Volleyball Student-Athletes compete in the ACAC/CCAA and commit to 6 hours/week of training and a minimum of 2 hours/week of conditioning. They also benefit from mental skills training, fitness testing, nutrition, team building, community engagement, video analysis, and study sessions.
Career Ambassadors	Leadership, Collaboration & Teamwork, Critical Thinking & Problem Solving, Building Community	As Career Ambassadors, students take on active roles in cultivating meaningful connections within the student body and industry partners to promote career development opportunities across the campus. Through hands-on involvement in different initiatives, participants will gain essential skills to navigate the complexities of career planning and professional growth. Join Career Ambassadors and become a driving force in creating a vibrant and supportive ecosystem for career exploration and development for yourself and your peers!
Conversation Café	Collaboration & Teamwork, Leadership, Diversity and inclusion, Global Citizenship	The Conversation Café gives students with English as an additional language a resource on campus to practice their English speaking and listening skills in a low-stakes, supportive environment. Participants, whether with English as a first language or an additional language, gain intercultural experience and communication skills. Student facilitators gain global citizenship skills as well as leadership experience in small-group facilitation.
Cor Van Raay Case Competition	Collaboration, TeamWork	Students practice several times per week to prepare for the Cor Van Raay case competition. This is a two-day competition that requires a range of disciplines including agriculture, business, and economics. A team of four students analyzes a written case and develops recommendations and solutions which are then presented to a panel of judges.

Dean's Case Competition	Collaboration, TeamWork	Students practice twice per week for several months to prepare for the Alberta Dean's business case competition. This is a three-day event where teams of four or five students are presented with a variety of business challenges in a case study. Student work collaboratively to develop innovative solutions which are presented to a panel of judges.
Drone Projects	Leadership, Collaboration & Teamwork, Entrepreneurship & Innovation, Critical Thinking & Problem Solving, Global Citizenship	Students will learn how to fly drones and apply these skills to various real-life projects at Olds College.
International Buddy	Leadership, Global Citizenship, Building Community, Appreciating Diversity	The International Buddy Program gives new international students a resource on campus to be able to learn about the College and community from a student perspective but also to have a point of contact on campus before they arrive to ease the transition into Canadian life. The Canadian buddies will gain international experience while at home by learning from their buddies, as well as skills in cross-cultural communication
International Student Experience Networking Student Representative	Collaboration & Teamwork, Critical Thinking & Problem Solving, Building Community, Diversity and Inclusion	Student representatives will bring the student's perspective to this group's discussions, participating in defining as well as acting to improve the experience of international students at Olds College. They will participate in the 2-hour monthly meetings bringing ideas and information, concerns and difficulties that international students encounter in their daily lives.
International Student Volunteer	Leadership, Collaboration & Teamwork, Critical Thinking & Problem Solving, Building Community	The volunteer international student participates in events developed by the International Students Experience, sharing their stories, their culture, and their language, always with the aim of improving the quality of life of international students and/or increasing the empathy of other students, staff, or instructors with these students and their reality.

RCC-AG Student Mentorship Program	Leadership, Collaboration & Teamwork, Critical Thinking & Problem Solving, Building Community, Global Citizenship, Diversity and Inclusion, Health and Wellness	Second year AG diploma students act as mentors with students we have joining the second year AG program this fall from Kainai First Nation (Blood Tribe).
Red Angus Show and Judging Team	Leadership, Collaboration & Teamwork, Critical Thinking & Problem Solving, Building Community	Daily chores to be conducted from October to April and completed twice a day. The chore schedule is spread across the members of the club/team. Preparation of show cattle - including halter breaking, rinsing, training hair and clipping. Promotion of the Olds College Red Angus herd and Olds College programming at three different cattle shows throughout Alberta.
Research Volunteer	Collaboration & Teamwork, Entrepreneurship & Innovation, Critical Thinking & Problem Solving	The Olds College Centre for Innovation (OCCI) has a mandate to enhance innovation in agriculture, horticulture, land, and environmental management sectors through market-focused applied research and the development of enabling processes and new products. Students can work with Olds College Researchers and assist them with various duties as dictated by time of year and availability. Activities could include crop and plot trials, fieldwork, data collection, lab preparation and analysis, data entry, and other duties.
Residence Assistant	Leadership Building Community Collaboration & Teamwork Diversity and Inclusion Health and Wellness	Resident Assistants (RA) are student leaders that have a direct and front-facing impact on students and their experience in residence. They plan, facilitate, and organize a variety of programs and events that serve student needs and interests. They also receive training in support conversations related to mental health and conflict mediation in order to help build a safe and respectful community. Finally, they refer students appropriately to campus resources and contribute meaningfully to student growth and development. Overall, RAs play a critical role in the student life experience at Olds College.

SAOC Academic Council Representative	Collaboration, Teamwork, Critical Thinking & Problem Solving	Academic Council is the governing body that represents the academic community of faculty, students, and administrators at Olds College. Student representatives are responsible for all student advocacy related to academic concerns.
SAOC Sanctioned Student Club Executives	Leadership, Collaboration and TeamWork, Building Community	Student Clubs sanctioned through the SAOC range from program orientated to recreational and there are numerous to choose from. It's a great way to balance the busy student lifestyle and have some fun! Club Presidents organize meetings, events, fundraisers and collaborate with their team and Olds College students.
SAOC Student Board of Directors	Leadership, Collaboration & Teamwork, Critical Thinking & Problem Solving, Building Community, Diversity and Inclusion, Health and Wellness	Duties of Student Board of Directors members include governance of the Students' Association, representation of the students on campus, communication with students and clubs, attending special events throughout the year, and attending 2 meetings a month. Students on SBOD are expected to participate in at least one committee as well.
SAOC Student Executive Council Member	Leadership, Collaboration, Teamwork, Critical Thinking & Problem Solving	SAOC representatives serve on a variety of committees and boards within the school and can therefore make their opinions and voices heard, giving the student body as a whole greater power in decision making. They have the ability to lead change by influencing programs, events, and the college at large.
Smart Farm Calving	Collaboration & Teamwork, Critical Thinking & Problem Solving, Building Community	Students have the opportunity to sign up for evening and overnight calving sessions. During this time they are responsible for health and calving checks of the OC cow herd. Training is provided for the students to recognize the signs and SOPs have been established to guide the students in the proper protocols used on Olds College Smart Farm. Students on shift are responsible for completing the feeding chores in the barn, and keeping the environment as clean as possible. Calves will be processed following the animal care guidelines.

Student Mentorship Program	Collaboration & Teamwork, Critical Thinking & Problem Solving, Building Community	This mentorship program will broaden Olds College students' understanding of careers in their respective industries and encourage future goal development. With an industry mentor's support, guidance, and collaboration, Olds College student mentees identify their future goals and possible careers in their industry and discuss potential opportunities. The student mentees and their mentors can also establish potential strategies and methods to meet these goals and possibilities.
Werklund Student Delegates	Leadership, Collaboration, Teamwork and Networking skills	Students get the opportunity to meet and enhance their skills for networking while representing their program, the Werklund School, and Olds College while attending many different events. Through this group, students may have the opportunity to attend conferences, dinners, and networking events. Throughout the September - April School year, students can access professional development opportunities brought forward to enhance their professional appearance through mock interviews, resume and cover letter writing workshops, and LinkedIn Sessions.

Last updated: April 22, 2024