



# Resources for 2SLGBTQ+

## Connect

- Innisfail Pride  
[www.innisfailpride.org](http://www.innisfailpride.org)
- Central Alberta Pride Society  
[www.centralalbertapride.ca](http://www.centralalbertapride.ca)
- Calgary Pride  
[www.calgarypride.ca](http://www.calgarypride.ca)
- Red Deer Queer Community Association  
[www.rdqca.com](http://www.rdqca.com)
- Twisted Element  
[www.twistedelement.club](http://www.twistedelement.club)

## Immediate Help

Trans Life Line: 1-877-330-6366  
LGBT Youth line: 1-800-268-9688  
[www.youthline.ca](http://www.youthline.ca)  
Health Link: 811  
Alberta Wide Mental Health Helpline:  
1-877-303-2642  
Suicide Prevention: 1-833-456-4566  
211 Alberta by phone, text, or chat:  
dial 2-1-1, text INFO to 211, or visit  
[www.ab.211.ca](http://www.ab.211.ca) and click "live chat".

**If you are in a crisis that is life  
threatening call 9-1-1**



**OLDS COLLEGE**  
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## Support, Education & Information

### Centre for Sexuality

Is a community-based organization delivering programs and services to support healthy sexuality across the lifespan.

[www.centreforsexuality.ca](http://www.centreforsexuality.ca)

### Skipping Stone

Support resource for trans community and especially youth, based in Calgary. The website includes a list of LGBTQ+ affirming businesses.

[www.skippingstone.ca](http://www.skippingstone.ca)

### EGALE

Canada's leading organization for 2SLGBTQI people and issues. We improve and save lives through research, education, awareness, and legal advocacy.

[www.egale.ca](http://www.egale.ca)

### Calgary Outlink

Is a community-based, not-for-profit charity dedicated to providing support, education, outreach, and referrals for the 2SLGBTQIA+ and allied communities.

[www.calgaryoutlink.ca](http://www.calgaryoutlink.ca)

### It Gets Better Canada

The It Gets Better Project's Mission is to uplift, empower, and connect lesbian, gay, bisexual, transgender, and queer youth.

[www.itgetsbettercanada.org](http://www.itgetsbettercanada.org)

### Rainbow Connect

RainbowConnect.ca is where LGBTQ+ people, their families, friends, and allies can go to find safe, friendly, and welcoming businesses and organizations – anywhere across Canada.

[www.rainbowconnect.ca](http://www.rainbowconnect.ca)